

## EXERCISE SCIENCE

### ASSOCIATE OF SCIENCE

Program Requirements

SEMESTER & COURSES	CREDIT HOURS	SEMESTER & COURSES	CREDIT HOURS
<i>Semester 1 (Fall)</i>		<i>Semester 2 (Spring)</i>	
ENGL 1010: English Composition I	3	ENGL 1020: English Composition II	3
BIOL 2010: Anatomy & Phys 1 w/Lab	4	BIOL 2020: Anatomy & Phys 2 w/Lab	4
Introduction to Exercise Science	3	First Aid & Safety	3
Any approved Math general education core	3	Nutrition course	3
Elective	3	Humanities/Literature	3
<b>Subtotal Semester 1</b>	<b>16</b>	<b>Subtotal Semester 2</b>	<b>16</b>
<i>Semester 3 (Fall)</i>		<i>Semester 4 (Spring)</i>	
Prevention & Care of Athletic Injuries course	3	Physical Education Activity course	4
Health and Wellness general education core	3	Humanities/Fine Arts	3
COMM 2025: Fundamentals of Communication or any approved oral communication general education core	3	PSYC 1030: Introduction to Psychology	3
Humanities/Fine Arts	3	Any approved History course	3
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<b>Subtotal Semester 3</b>	<b>15</b>	<b>Subtotal Semester 4</b>	<b>13</b>
		<b>Total Credit Hours</b>	<b>60</b>