



**EXERCISE SCIENCE  
ASSOCIATE OF SCIENCE**

<b>GENERAL EDUCATION REQUIREMENTS</b>	<b>CREDIT HOURS</b>
<b>COMMUNICATION</b>	<b>9</b>
English 1010: Composition I	3
English 1020: Composition II	3
COMM 2025: Fundamentals of Communication or any approved speech/communication general education course	3
<b>HUMANITIES &amp; FINE ARTS (minimum 1 course in literature)</b>	<b>9</b>
Any approved humanities or fine arts general education course	3
Any approved humanities or fine arts general education course	3
(literature) Any approved humanities literature general education course	3
<b>SOCIAL/BEHAVIORAL SCIENCES</b>	<b>6</b>
Health and Wellness general education course	3
PSYC 1030: Introduction to Psychology <sup>1</sup>	3
<b>HISTORY</b>	<b>6</b>
Any approved History general education course	3
Any approved History general education course	3
<b>NATURAL SCIENCES</b>	<b>8</b>
BIOL 2010: Human Anatomy & Physiology I <sup>2</sup>	4
BIOL 2020: Human Anatomy & Physiology II <sup>3</sup>	4
<b>MATHEMATICS</b>	<b>3</b>
Any approved Math general education course <sup>4</sup>	3
<b>GENERAL EDUCATION TOTAL</b>	<b>41</b>
<b>AREA OF EMPHASIS REQUIREMENTS (Major)</b>	
Introduction to Exercise Science	3
First Aid & Safety	3
Prevention & Care of Athletic Injuries course <sup>5</sup>	3
Nutrition course	3
Physical Education Activity course	1-4
<b>FOREIGN LANGUAGE</b>	<b>0</b>
<b>ELECTIVES (unspecified)</b>	<b>3-6</b>
<b>AREA OF EMPHASIS REQUIREMENTS &amp; ELECTIVES TOTAL</b>	<b>19</b>
<b>DEGREE TOTAL</b>	<b>60</b>

**NOTES: Exercise Science TTP**

- 1) Students planning to attend UofM should take SOCI 1010: Intro to Sociology
- 2) Students planning to attend UTC should take BIOL 1110: General Biology
- 3) Students planning to attend UTC should take CHEM 1110/L: General Chemistry
- 4) Students planning to attend UTC should take College Algebra or higher
- 5) Students planning to attend UTC should take PE 211: Personal and Community Health