



EXERCISE SCIENCE
ASSOCIATE OF SCIENCE

GENERAL EDUCATION REQUIREMENTS	CREDIT HOURS
COMMUNICATION	9
English 1010: Composition I	3
English 1020: Composition II	3
COMM 2025: Fundamentals of Communication or any approved speech/communication general education course	3
HUMANITIES & FINE ARTS (minimum 1 course in literature)	9
Any approved humanities or fine arts general education course	3
Any approved humanities or fine arts general education course	3
(literature) Any approved humanities literature general education course	3
SOCIAL/BEHAVIORAL SCIENCES	6
Health and Wellness general education course	3
PSYC 1030: Introduction to Psychology	3
HISTORY	6
Any approved History general education course	3
Any approved History general education course	3
NATURAL SCIENCES	8
BIOL 2010: Human Anatomy & Physiology I	4
BIOL 2020: Human Anatomy & Physiology II	4
MATHEMATICS	3
Any approved Math general education course	3
GENERAL EDUCATION TOTAL	41
AREA OF EMPHASIS REQUIREMENTS (Major)	
Introduction to Exercise Science	3
First Aid & Safety	3
Prevention & Care of Athletic Injuries course	3
Nutrition course	3
Physical Education Activity course	2
FOREIGN LANGUAGE	0
ELECTIVES (unspecified)	5
AREA OF EMPHASIS REQUIREMENTS & ELECTIVES TOTAL	19
DEGREE TOTAL	60