



EXERCISE SCIENCE

ASSOCIATE OF SCIENCE

Program Requirements

SEMESTER & COURSES	CREDIT HOURS	SEMESTER & COURSES	CREDIT HOURS
<i>Semester 1 (Fall)</i>		<i>Semester 2 (Spring)</i>	
ENGL 1010: English Composition I	3	ENGL 1020: English Composition II	3
BIOL 2010: Human Anatomy & Physiology I	4	BIOL 2020: Human Anatomy & Physiology II	4
Mathematics	3	Humanities/Fine Arts	3
Introduction to Exercise Science	3	Health & Wellness Social/Behavioral Science	3
PSYC 1030: Introduction to Psychology	3	Physical Education Activity courses	2
Subtotal Semester 1	16	Subtotal Semester 2	15
<i>Semester 3 (Fall)</i>		<i>Semester 4 (Spring)</i>	
Nutrition course	3	First Aid & Safety course	3
Prevention & Care of Athletic Injuries course	3	Electives (unspecified)	5
History	3	History	3
Humanities/Fine Arts	3	Humanities/Literature	3
COMM 2025: Fundamentals of Communication or any approved speech/communication general education course	3		
Subtotal Semester 3	15	Subtotal Semester 4	14
		Total Credit Hours	60